



**Brain Injury
Alliance**
I O W A

**25th Annual
Best Practices in Brain Injury Services Conference**
“**Shattering** the Myths,
Unmasking the Opportunities”

**Break Out
Friday, March 3, 2017
1:00pm - 2:00pm**

Lisa Ainsworth, DPT, CBIS

Lisa is a physical therapist and supervisor of rehab therapies at St. Luke’s Hospital. She received her Bachelor of Science at Mount Mercy College and her Doctorate of Physical Therapy at the University of Iowa. She has practiced in neurological rehabilitation for the last 12 years and is a CBIS.



**Reducing Agitation in People with Brain Injury:
Environmental Management System**

Helping someone with a brain injury can be more challenging if they have agitation. This lecture will discuss agitation and how to help minimize it in the clinical setting along with helpful hints for home. This discussion will primarily focus on environmental management as a way to decrease occurrence of agitation. We will also be discussing the use of the agitated behavior scale as a way to objectively measure and track agitation in an individual with brain injury to promote a common language amongst clinicians.

Objective:

- Demonstrate knowledge of how to score the ABS
- Define agitation and demonstrate understanding of how it can present
- Demonstrate understanding of Red, Yellow, Green environmental management system and how to apply to patients/clients

Target Audience:

Case managers, counselors, professionals

*Not limited to target audience